Human Resource Management

Sound Human Resource Management (HRM) is essential for a productive and compliant factory. The investment of human and financial resource is crucial for a motivated and productive workforce. This training is designed to provide participants with an in depth knowledge of highly functioning HR systems.



Course Content

- HRM practices
- Recruitment, selection, and induction processes
- Training and development
- Compensation and benefits
- Employee retention
- Objectives of a performance management system

Learning Objectives

- Describe an effective HR manager
- Use effective recruitment processes
- Comply with legal HR requirements
- Design training, wage and benefit plans to build capacity and increase motivation
- Develop performance appraisal tools
- Integrate HR into management systems

Benefits

- Improved ability to identify key performance targets for successful business planning
- Reduced expenses due to increased work efficiency
- Establishment of high performance work practices
- Retention of skilled workforce

Participants HR & Compliance Managers





Venue BFC Office or Factory Duration 2 days, 08:30 - 16:30

Registration

Better Factories Cambodia Office No. 9 St 322, Phnom Penh



Supervisory Skills Training

SST has been proven to increase the productivity of lines supervised by trained female supervisors, as it reduces the time needed to reach production targets, resulting in a 22 % increase in productivity.



Course Content

- Skills and behavious of effective supervisors
- Building relationships to improve efficency, resolve problems and motivate workers
- Managing workers to increase productivity and satisfaction in the workplace

Learning Objectives

- Describe the roles and responsibilities of a supervisor
- Demonstrate supervisory skills
- Develop effective relationships
 - Help workers improve their performance
 - Create an effective and friendly working environment

Benefits

Better Factories

- Increased motivation of employees which yield loyalty and satisfaction
- Positive working environment
- Retention of a high performance and multi-skilled workforce



Participants Supervisors, Managers & Future Supervisors





BFC Office or Factory



Duration 3 days, 08:30 - 16:30

Registration

Better Factories Cambodia Office No. 9 St 322, Phnom Penh





Compensation & Benefits

BetterFactories

This training equips participants with the knowledge and skills to design and manage factory payment and incentive schemes in a fair, equitable and consistent manner, in accordance with Cambodia's labour law.



Course Content

- Compensation, bonuses and benefits for different contracts
- Wage systems, payroll, payslips and deductions
- Wage calculation
- Bonus and benefits legal requirements
- Indemnity for contract termination - FDC and UDC

Learning Objectives

- Establish solid wage systems and clearly communicate this to workers
- Apply the correct wage calculation
- Set up bonus and benefits scheme to promote high performance
 - Understand termination and indemnity - FDC and UDC
 - Understand statutory maternity pay

Benefits

- Decreased turnover
- A well designed compensation and benefit plan to attract workers
- Increased motivation and loyalty among employees



Participants HR Managers, Management Representatives, Unions





Venue BFC Office or Factory Duration 2 days, 08:30 - 16:30

Registration

Better Factories Cambodia Office No. 9 St 322, Phnom Penh Email: bfctraining@ilo.org Tel: +855 23 212 847 / 23 220 362



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Occupational Health & Safety

BetterFactories Cambodia

Good OSH is good for business. This course builds awareness of OSH as an integral part of factory management. Focusing on a preventative approach to OSH including risk mapping, it guides participants to spot hazards, meet national and international standards and understand the role of the OSH committee.



Course Content

- Risk and hazard assessment
- Lifting heavy items correctly
- Welfare facilities
- Lighting, ventilation and heat
- Machine, fire, electrical and chemical safety
- OSH management systems
- Roles and responsibilities of the OSH Committee

Learning Objectives

- Define occupational risks and hazards
- List key OSH hazards which impact health, safety and productivity
- Carry out risk and hazard assessments in the workplace
 - Identify ways to address OSH issues through the OSH management system and OSH committee

Benefits

- Improved productivity through better health and decreased absenteeism
- Reduced injury and healthcare costs
- Improved systems to detect and control factory risks and hazards risk/hazard and control

Participants Mangers, Supervisors & Workers





BFC Office or Factory

Duration 2 days, 08:30 - 16:30

Registration

Better Factories Cambodia Office No. 9 St 322, Phnom Penh Email: bfctraining@ilo.org Tel: +855 23 212 847 / 23 220 362



FC International Finance Corpora

Labour Law Training



Factories that understand and comply with labour laws and international labour standards tend to have good reputations, repeat orders and better relationships with buyers. This course is designed to give participants a strong understanding of Cambodian Labour Law and how to apply it to day to day activities.



Course Content

- Cambodian labour law
- Legal requirements for employment contracts
- Working conditions in the garment sector
- Collective rights •
- Labour dispute resolution

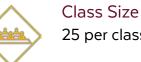
Learning Objectives

- Recognize the difference between FDC and UDC
- Calculate the benefits of different contracts for terminations
- Understand factory legal compliance requirements
- Distinguish the differences between interests and rights disputes

Benefits

- Improved factory compliance
- Prevent disputes through increased understanding of the labour law
- Understand the remediation process around violations of rights and obligations

Participants Managers, Workers & Supervisors



25 per class



BFC Office or Factory

Duration 2 days, 08:30 - 16:30

Registration

Better Factories Cambodia Office No. 9 St 322, Phnom Penh



Chemical Management

BetterFactories

The safety precaution of workers against chemical hazards is an essential part of a well-run factory and a healthy work force. This training introduces the safe use of chemicals ensuring factories mitigate the risks associated with chemicals in garment factories.



Course Content

- What are chemicals
- Storage and handling of chemicals
- Pollution prevention and environmental hazards
- Chemical health hazards
- Routes of exposure
- Purchasing and distribution

Learning Objectives

- Understand the cycle of chemical use
- Manage and handle chemicals safety
- Understand Safety Data Sheets (SDSs) and how to apply them
- Minimize chemical risks
- Reduce chemical waste

Benefits

- Reduced likelihood of lawsuits and legal fines
- Reduction in material waste
- Reduced accident and illnesses caused by mishandled chemicals



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Participants Managers, Supervisors & Workers



Class Size 25 per class



BFC Office or Factory

Duration 1 day, 08:30 - 16:30

Registration

Better Factories Cambodia Office No. 9 St 322, Phnom Penh

Problem Solving



Problem solving skills in the workplace means minor issues and problems do not escalate into wider conflict which can disrupt production. This training guides participants to successfully address problems within the enterprise, building trust and strengthening labourmanagement relations in the factory.



Course Content

- What is the problem and what type of problem is it
- Problem solving behaviours
- Problem solving process
- Conflict resolution plan
- Key areas of conflict in factories and their root cause

Learning Objectives

- Define problems in the workplace
- Explain the three behaviours which contribute to problem resolution
- Describe the steps to effectively resolve problems
- Analyse the cause and effect of issues using problem solving tools

Benefits

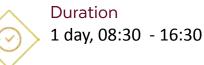
- Address workplace issues quickly and effectively
- Good workplace cooperation
- Build trust
- Promote a culture of addressing problem internally







BFC Office or Factory



Registration

Venue

Better Factories Cambodia Office No. 9 St 322, Phnom Penh



Workplace Cooperation

Effective workplace communication is essential in ensuring harmonious workers management relations, and a productive environment. This training provides an overview of ways in which workplace cooperation can be established in factories, including developing internal dispute resolution mechanisms to address and find a solution to grievances.



Course Content

- Workplace cooperation and it's benefits
- Effective forms of information sharing
- Different forms of workplace cooperation
- How can factories practice good workplace cooperation
- Factory Improvement plan

Learning Objectives

- Understand the benefits of workplace cooperation for all
- Know what good workplace cooperation is
- Recognise the barriers to good workplace cooperation and the strategies to overcome barriers
- Develop a plan to monitor and implement improvements to workplace cooperation

Benefits

- Improved communication between workers and management
- Address workplace issues as they arise
- Build trust and mutual understanding between workers and management
- Reduce the likelihood of strikes and industrial disputes



Participants Managers, Supervisors & Workers





BFC Office or Factory

Duration 2 days, 08:30 - 16:30

Registration

Venue

Better Factories Cambodia Office No. 9 St 322, Phnom Penh



Effective Communication



Through effective communication in the factory, workers and managers learn to understand each other's rights, responsibilities and resolve conflict in a fair and harmonious manner. This training outlines the steps required to the improve the communication skills of managers and workers.



Course Content

- The 3 main types of communication styles
- Non- verbal communication
- Effective Listening skills
- The win-win approach to communications

Learning Objectives

- Understand the different types of communication
- Effectively use non-verbal communication skills to improve the flow of communication
- Use effective listening skills to prevent miscommunication and misunderstanding
- Apply win-win negotiation techniques to find a solution that is beneficial for all

Benefits

- Build the communication capacity of workers – manager committees to work together, resolve grievances and stop issues from escalating
- Improved workplace conditions
- Mature Industrial relations



Participants Joint manager worker committee members, Managers, Workers & Supervisors





BFC Office or Factory

Duration 1 day, 08:30 - 16:30

Registration

Venue

Better Factories Cambodia Office No. 9 St 322, Phnom Penh



Electrical and Fire Safety



Electrical and fire hazards are one of the biggest risks to safety in the garment and footwear sector. This training guides factories through essential precautions and behaviours to mitigate the risk of fire.



Course Content

- Firefighting systems
- Emergency preparedness
- Eletrical and fire safety
- Evacuation drills
- Elements to improve fire and electrical safety
- Control measures for electrical and fire safety

Learning Objectives

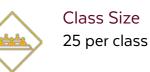
- Describe actions to prevent fire and raise awareness of fire safety
- Deliver a clear message to workers and managers on fire safety
- Identify different types of electrical and fire hazards
- Carry out risk assessments and control measures to prevent electrical and fire hazards

Benefits

- Reduced risk of fires in factories
- Decreased number of accidents and injuries in factories
- Reduced long term costs of electrical and fire accidents through safe working environment

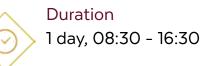


Participants Managers, Supervisors & Workers





BFC Office or Factory



Registration

Venue

Better Factories Cambodia Office No. 9 St 322, Phnom Penh



Machinery Safety



Workplace accidents can occur as a combination of unsafe conditions and unsafe acts. With the right training, they can easily be prevented ensuring that employees remain safe and the workplace remains secure and productive.



Course Content

- Machine safety mechanisms
- Types of machines used in garments and footwear and their hazards
- Control measures and inspection
- Communicating importance of machine safety messages
- Improvement plan for machine safety

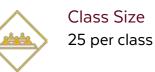
Learning Objectives

- Understand machine safety in the workplace
- Recognise the hazards caused by machines
- Understanding of accidents/illness caused by machines
- Apply controls to reduce machinery risk
- Develop a machine safety checklist

Benefits

- Decreased workplace accidents, illnesses or death due to better systems to prevent accidents and illnesses
- Decreased costs related to property damage
- Reduced legal and healthcare costs associated with workplace accidents

Participants Managers, Supervisors & Workers





BFC Office or Factory

Duration 1 day, 08:30 - 16:30

Registration

Better Factories Cambodia Office No. 9 St 322, Phnom Penh



Disciplinary Action & Termination Procedures



Clear disciplinary and termination procedures make sure that a company's standards of conduct and performance at work are followed. This training provides factories with a built in method to understand, monitor and address human resource challenges.



Course Content

- Types of employment contracts
- Types of misconduct and supporting documents
- Policy and procedures for termination

Learning Objectives

- Understand the different types of employment contracts
- Describe what an employment contract should include regarding termination
- Define misconduct and the appropriate and legal disciplinary procedures
- Understand the policy and procedures for termination

Benefits

- Ensures factories comply with the law, avoid penalties and meet buyer requirements
- Fewer work stoppages, strikes and other disturbances
- Reduced absenteeism and improved worker retention

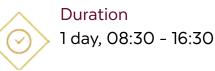


Participants Union representatives, Managers, Supervisors & Workers





BFC Office or Factory



Registration

Better Factories Cambodia Office No. 9 St 322, Phnom Penh



Safe Workplace Arrangement



Safe workplaces create healthy and productive employees. The training introduces simple and low cost practices which participants can apply in their factory to ensure good working conditions and a productive working environment.



Course Content

- Building safety
- Fire safety
- Chemical storage
- Safe working behaviour
- How to organize welfare facilities

Learning Objectives

- Identify building and fire hazards in the workplace
- Demonstrate safe practices for chemical storage
- Identify unsafe working behaviour
- Organize welfare facilities to improve hygiene and safety

Benefits

- Decreased incidences of injury
- Increased productivity among employees
- Maintain good housekeeping and good hygienic practices

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Participants Managers, Supervisors & Workers





BFC Office or Factory

Duration 1 day, 08:30 - 16:30

Registration

Better Factories Cambodia Office No. 9 St 322, Phnom Penh



HAZARD AND RISK ASSESSMENT/CONTROL

Hazards exist in all production areas and accidents can happen anytime, but can be prevented. Most of the accidents are caused by identified and unforeseen hazards that impact factories and workers in terms of business operations and safe working conditions. This training will build and enhance the capacity of persons in charge of workplace safety to know how to identify, recognize, mitigate, and control hazards at the workplace and conduct the risk rating of those hazards for the prioritization before applying effective controls measures.

Course Content

- Definition of "Hazard" and "Risk"
- Employer and Employees workplace safety responsibilities chemical storage
- Sources of hazardous conditions and unsafe working behaviors
- Identifying and analyzing the ٠ hazardsdfsdf
- Hierarchy of controls
- Risks and Hazards Assessment

Learning Ojectives

- Understanding the basic terms of risk and hazard assessment
- Exploring the roles and responsibilities of the employer and employees
- Understanding the sources of hazardous conditions and unsafe working behaviors
- Recognizing hazards at the workplace Hierarchy of controls
- Understanding the hierarchy of controls
- Learning to develop a hazard and risk assessment

Benefits

- Understanding the terms "Hazard" and "Risk" used in Occupational Safety and Health
- Understanding the roles and responsibilities of employer and employees related to workplace safety
- Building the capacity of relevant ٠ personnel about the wheel of hazards and unsafe working behaviors

Increasing knowledge in:

- Reducing and eliminating hazards at the workplace
- Mitigating and control the risks of ٠ Occupational Safety and health at the workplace
- Improving the capacity in identifying the hazards and developing risk assessment at the workplace
- Reducing the production downtime caused by hazards
- Reducing accident costs and ensuring the continuity of business operations
- Saving factory properties, assets, and workers' lives



Participants

Participants (managers, supervisors, compliance officer, Admin/HR officer, OSH officers, and workers)



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Class Size 25 per class



BFC Office or Factory

Registration

Better Factories Cambodia Office No. 9 St 322, Phnom Penh

Duration 1 day (08.30 - 16.30)



ACCIDENT INVESTIGATION

BetterFactorie Cambodia

The causes of accidents in factories are often due to unsafe operation of machines and unsafe working environment. Effective accidents investigation can help to reduce costs and create harmonized and safe working conditions to the employees and workers. This training introduces the effective procedures of accident investigation and analysis in order to develop the effective solutions so that participants can apply the learnings in their factories to ensure that accident cost is reduced, business continuity is sustained and safe working conditions are created.



Course Content

- Accidents and Incidents
- Accident types
- The Importance of accident investigation ٠
- Accident Investigation Steps
- Documents for Investigation

workers)

Learning Ojectives

- Understanding the terms accidents, incidents, and near-miss
- Understanding different types of accidents
- Understanding the advantages of accident investigation
- Enhancing the knowledge of accident investigation steps
- Learning to document the accident investigation ٠

Benefits

- Enhanced knowledge of accident investigationinvestigation
- Improved knowledge of accident types
- Gained knowledge of the method of conducting causes analysis
- Improved safety management system through the result of accident investigation
- Reduced accident costs with lesson learnt from accident investigation



Participants (managers, supervisors, compliance officer, Admin/





BFC Office or Factory

Registration

Better Factories Cambodia Office No. 9 St 322, Phnom Penh

Duration 1 day (08.30 - 16.30)





SOCIAL COMPLIANCE

Social compliance is an integral part of factory's operations and needs to be well connected to management systems in the factory. Some factories face difficulties with different requirements from different stakeholders on social compliance issues, and this might impact the way in which the factory takes decisions on how to address the issues in a sustainable manner. The training will equip the participants with different approaches to ensure workplace compliance by introducing the social compliance elements of ISO26000, SA8000, Brands Code of Conduct, and the eight clusters of Better Factories Cambodia's Compliance Assessment Tools (CAT) - based on the fundamental rights of ILO's Core Conventions.

Course Content

- Social Compliance Definition ٠
- Value of Social Compliance
- Social Compliance Elements
- Case studies on the 12 elements of Social Compliance
- Social Compliance Assessment Checklist
- Corrective Action Plan



Learning Ojectives

- Understanding the definition of Social Compliance
- Getting to know the advantages of Social Compliance
- Being familiar with the social compliance elements from different standards such as ISO26000, SA8000, Brands' Code Of Conduct, the 8 clusters of Better Factory Cambodia and ILO Convention
- Understanding the standards, legal requirements, common problems, and verification method for each elements of Social Compliance through case studies
- Learning how to develop Social Compliance Self-Assessment Checklist
- Understanding the sustainable way of developing and implementing the Corrective Action Plan

Benefits

- Understanding the key terms of social compliance and definitions from the different standards
- Knowing the advantages of social compliance
- Knowing the social compliance elements from different standards such as ISO26000, SA8000, Brands' Codes Of Conduct, Better Factories Cambodia and ILO Core Conventions
- Understanding the techniques to verify, demonstrate, and prevent the noncompliance issues in the factories
- Knowing how to develop the social compliance self-assessment checklist
- Understanding how to develop the ٠ sustainable corrective action plan
- Handling compliance tasks in factories



Participants (managers, supervisors,

HR officers, OSH officers, and workers)



compliance officer, Admin/



Class Size 25 per class

Venue BFC Office or Factory

Registration

Better Factories Cambodia Office No. 9 St 322, Phnom Penh

Duration 2 days (08.30 - 16.30)



BOILER SAFETY

Steam boiler is widely used in the garment and footwear factories in Cambodia to serve ironing, drying, and steaming functions. Boilers generate high risks in the factories, especially boiler explosion hazard. Recently in Cambodia, there were some cases of boiler explosions that led to fatalities. This training will guide the factories through essential precautions to mitigate the risks of fire and explosion of steam boilers.



Course Content

- Boiler definition and types
- Boiler hazards
- Principles of steam generation
- Pressure relief devicesSocial Compliance Assessment Checklist
- Boiler feed-water
- Boiler required thickness and corrosion rate
- Boiler Safety Checklist

Learning Ojectives

- Understanding the definition and types of boilers
- Exploring boiler hazards
- Understanding the principles of steam generation
- Getting to know the pressure relief devices
- Understanding the boiler feed-water
- Learning to calculate requirements of boiler thickness and corrosion rate
- Learning and applying the boiler safety checklist



Benefits

- Enhanced conceptual knowledge of boiler installation, operation, and maintenance
- Improved knowledge of legal requirements related with boilers
- Reduced risks of boiler explosion and fire in the factories
- Decreased number of accidents and injuries in the factories related with boiler operation and maintenance
- Improved and safer working conditions in the factories
- Increased prevention of hazards to prevent accidents and to save workers' lives, factories properties and assets
- Improved factory reputation
- Ensured business continuity



Participants

(managers, supervisors, compliance officer, Admin/HR officers, boiler operators, OSH officers, and workers)







Venue BFC Office or Factory

Registration

Better Factories Cambodia Office No. 9 St 322, Phnom Penh Duration 1 day (08.30 - 16.30)

CHILD LABOUR

Experience has shown that providing basic literacy and numeric skills through non-formal education does not guarantee that children will be permanently withdrawn from work, which is why mainstreaming Child Labour Prevention Training into garment and footwear factories is vital. There is a need to develop a clear understanding of various consequence of using child labour in the industry. Various steps that can be taken to prevent child labour will also be introduced in the training session. This course will provide you with the knowledge of child labour and how to prevent child labour in the workplace.

Course Content

- Child labour and law
- Recruitment process
- How can employers prevent hiring child labour
- Sharing practical experiences on preventing child labour
- Child labour findings and remediation



Learning Ojectives

- Understanding of the international legal definition of child labour
- Understanding the consequences of using child labour
- Understanding child labour remediation process
- Sharing and learning good practice on child labour and creating mechanisms to prevent child labour in the workplace

Benefits

- Eliminating child labour in the factory
- Saving costs of child labour
- Having a factory with good reputation
- Increased confidence in recruiting and selecting employees



Participants

Joint manager - worker committee members, Managers, Workers & Supervisors including staff from admin, HR, compliance, accounting, and payroll units.





Class Size 25 per class



Venue BFC Office or Factory



Registration

Better Factories Cambodia Office No. 9 St 322, Phnom Penh



EMPLOYEE RELATION

Having good employee relations is crucial to every factory, as when employees and managers share a positive relationship, employee engagement, productivity, motivation and morale are high. Employee relations can make or break your business. Happy employees are more productive and put more effort into their work. They do their best to meet your expectations and help the factory grow. A positive relationship between management and workers leads to higher employee engagement and motivation. This training is aimed at all garment factories who would like to improve employee relation.

Course Content

- Role of human resources management in employee relation
- Ideal good employee relation in the factory
- Impact of difficult and good employee relations
- Motivation of employees



Learning Ojectives

- Demonstrate the importance of good employee relations in the workplace
- Understand the role of human resources management/unit in employee relation
- Identify ways of improving employee relation in ٠ workplace
- Demonstrate an ideal employee relation in the factory
- Identify impact of good and poor employee relations and apply motivational factors to motivate staff/workers

Benefits

- Higher productivity and performance, which helps the factory to grow.
- Higher retention of staff/workers
- Reduction of stress and a happier workplace
- Less conflict in the workplace

Participants

Joint manager - worker committee members, Managers, Workers & Supervisors including staff from admin, HR, compliance, accounting, and payroll units.



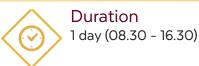


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Class Size 25 per class



BFC Office or



Registration

Better Factories Cambodia Office No. 9 St 322, Phnom Penh



SEXUAL HARASSMENT PREVENTION

This sexual harassment prevention session is very important for identifying and addressing unwelcome conduct in the workplace. Sexual harassment can occur in any workplace and it can happen to anyone, especially female workers. Mostly, sexual vyharassment does not get reported due to a perceived loss of dignity, lack of grievance mechanisms, and workers not knowing how to report on the incident. This session will help participants to understand how sexual harassment impacts workers at the individual level and also at factory level, and how the factory can take measures to prevent and address sexual harassment in the workplace.



Course Content

- Definition of sexual harassment
- Forms of Sexual harassment and identifying unwelcome conduct in the workplace
- Role plays to understand and identify unwelcome conduct in the factory based on different forms of sexual harassment
- Impact of sexual harassment to workers and factorv
- Steps in dealing with cases of sexual harassment
- Sexual harassment policy

Learning Ojectives

- Understand harassment and sexual harassment in the workplace
- Identify unwelcome conduct and provide tools ٠ and good practices for supervisors to effectively address sexual harassment in the workplace
- Understand how sexual harassment impacts to workers and factory
- Demonstrate steps in dealing with cases of sexual harassment
- Understand the content of a sexual harassment policy

Benefits

- Compliance with core labour standards, including discrimination/ sexual harassment
- Addressing an issue that is important for buyers
- Manage the factory reputation, as cases of sexual harassment in garment factories could lead to international headlines
- Improving suppliers' relations with global buyers
- Avoid workplace and legal disputes
- Improved productivity when workers feel safe at the workplace



Participants

In factory management, supervisors, line leaders, human resource officer and administrator in the factory or any person who would like to learn about KPIs and how to implement it in the factory.



International Finance Corporation





Venue BFC Office or Factory

Duration 1 day (08.30 - 16.30)

Registration

Better Factories Cambodia Office No. 9 St 322, Phnom Penh

